

New York Times **Bestselling Author**

SUSAN MALLERY

Blackberry Mousse Parfaits

Ingredients:

- ♥ ½ C whipping cream
- ♥ ½ t vanilla
- ♥ ¼ C cream cheese, softened
- ♥ ¼ C blackberry jelly
- ♥ ½ C salted peanuts
- ♥ 1 C blackberries, fresh or frozen (thawed)
- ♥ ¼ C Grape Nuts cereal
- ♥ ½ C whipped cream



Blackberry Mousse Parfaits

Instructions:

Make the Blackberry Mousse at least a few hours before making the parfaits and allow to chill. To make the mousse, whip together the first four ingredients until moussey. Refrigerate and chill four parfait glasses at the same time. (If you don't have parfait glasses, use any glasses you have on hand.)

In each glass, layer one-quarter of each of the ingredients in this order: peanuts, blackberry mousse, blackberries, Grape Nuts, and whipped cream. Serve or chill until ready to serve.

more free recipes at www.susanmallery.com!

SUSAN MALLERY
read. laugh. ♥ve.